



# NORTHEAST METRO 916

Intermediate School District

## Developmental Adaptive Physical Education

### Northeast Metro DAPE Inventory (NMDI)

Child's Name: \_\_\_\_\_

Evaluator: \_\_\_\_\_

School: \_\_\_\_\_

Date: \_\_\_\_\_

Physical Fitness	Always/ Adequate	Sometimes/ Needs Improvement	Never/ Significantly Inadequate	Not Observed
Performs activities that require upper body strength (e.g., pushups, throwing, chest pass)				
Performs activities that require lower body strength (e.g., running, hopping, kicking)				
Performs activities that require flexibility (e.g., stretching, bending, tumbling)				
Performs activities that require endurance (e.g., mile run, games that involve endurance)				
Body composition (e.g., child's weight and general appearance)				

Gross Motor Skills	Always/ Adequate	Sometimes/ Needs Improvement	Never/ Significantly Inadequate	Not Observed
Performs non-locomotor skills (e.g., twisting, turning, balance, bending)				
Moving safely around environment (e.g., dodging, space awareness; directions)				
Uses physical education equipment (e.g., balls, bats, scooters)				
Performs locomotor skills (e.g., running, jumping, galloping, hopping, skipping)				
Performs manipulative skills (e.g., throwing, catching, kicking, striking)				
Dance skills (e.g. rhythm, patterns, creative)				
Plays low organized games (e.g., relays, tag, teacher-made games)				
Sports skills (e.g., throwing in softball, kicking in soccer, volleyball serve, hitting a tennis ball)				
Plays organized sports (e.g., basketball, soccer)				